

COVID-19 FOOD RESOURCES

FOOD DELIVERY



Foothill Unity Center

Serves the San Gabriel Valley
Foothill Communities

Free delivery of groceries to
homebound seniors and disabled
individuals

[Call \(626\) 358 - 3486](tel:6263583486)

LA Department of Aging

Prioritizes seniors facing food
insecurity/financial hardship

Free meal delivery
(2 deliveries of 5 meals each
week)

[Call \(213\) 482 - 7252](tel:2134827252)

Elderly Nutrition Program

Serves communities throughout LA
County

Provides home-delivered meals
daily for homebound individuals

[Call \(800\) 510 - 2020](tel:8005102020)

Free Grocery Delivery Service

Delivers: Groceries, Vital Necessities, and Household Items

24/7, no delivery fee, no
application process

Items must be prepaid and ready
for pick-up at grocery store

Eligible if one of the following:

Age 60+

Individual with disability

Dependent Adult

Mon - Fri
8AM - 5PM

[Call \(888\) 863 - 7411](tel:8888637411)
to schedule deliveries



FREE FOOD PROGRAMS

SGV Service Center

Emergency Food Assistance Meal Distribution
Pickup only
Hours: Mon-Fri 8AM-5PM

[Call \(626\) 575 - 5431](tel:6265755431)
to schedule appointment

Family Health Care Resources

Walk-in food pantry, no application or
appointment needed
Hours: Mon-Fri 9AM-5PM

Address: 3444 Whittier Blvd, Los Angeles, CA
90023
Call (213) 413 - 3040

Asian Youth Center

Culturally familiar food distribution in San Gabriel

Appointment only
[Call \(626\) 537 - 0954](tel:6265370954)

Mon - Fri 8:30 am - 5:00 pm, Sat 8:30 am - 1:00 pm
to schedule appointment

Asian Service Center

Serves low-income families and individuals in Gardena

Eligibility not required

[Call \(310\) 217 - 7300](tel:3102177300)
Mon-Fri 8:30 am - 5:00 pm
to schedule appointment

Foothill Unity Center

Family Food Program

Seniors, singles, and families receive a 10-day supply of food each month
Families can return to the center (Monrovia or Pasadena locations) once a week for additional food

Must qualify by showing income at or below 150% of
National Poverty Income Guidelines with proof of local residency and identification

[Call \(626\) 358 - 3486](tel:6263583486)

GROCERY STORES



with Special Hours for Vulnerable Populations

99 Ranch Market

Hours: 8AM-9AM daily
For: expectant
mothers, individuals
with disabilities, 60+
(Senior discount on
Tuesdays)

Smart&Final

Hours: 6AM-7AM daily
For: expectant mothers,
health care first
responders, individuals
with disabilities, 60+
(Senior discount on
Tuesdays)

Target

Hours: First hour on Tues
and Wed (check local
store for hours)
For: expectant mothers,
individuals with disabilities,
60+ (Senior discount on
Tuesdays)

Costco

Hours: 9AM-10AM
daily
For: Members 60+

APA HEALTH CARE

PUBLICITY AND ACTIVITIES COMMITTEE
UPDATED ON 05/28/20

